**REGISTRATION FORM & PARTICIPANT AGREEMENT**

**Coalcliff Ocean Swim Club 2023/2024***proudly sponsored by Equilibrium Healthcare*

**First name:**       **Surname:**       **Member No:**

**Preferred pronoun:** She/He/They/Other      **Date of Birth:**
 **Phone:**       **Email:**

**Address:**       **Postcode:**

**Emergency contact person (name):**       **phone:**

**The Participant** must read and accept the **Conditions of Participation** prior to completing this form.

[ ]  I (**the Participant**) declare the information provided by me in this form is true and correct.
[ ]  I have read the **Conditions of Participation** and agree to comply with them.
[ ]  I confirm that I am in good health and that I am a competent swimmer.
[ ]  I agree to comply with directions given to me by all representatives appointed by the Coalcliff Surf Life Saving Club to officiate and/or provide water safety and other services for the Coalcliff Ocean Swim Club (**Swim Club**).
[ ]  Despite Coalcliff SLSC undertaking a risk assessment and providing participants with a safety briefing prior to the commencement of each Swim Club swim, as well as providing surf life saving support for the duration of each Swim Club swim, I understand and acknowledge that there are risks associated with ocean swimming as part of the Swim Club and I accept full responsibility for my decisions and capability to participate in the Swim Club.
[ ]  I hereby accept all risks associated with participating in the Swim Club, and I waive all rights and claims which may arise from my participation in the Swim Club against the Coalcliff Surf Life Saving Club Inc and any persons, organisations, corporations or authorities involved with the promotion and management of the Swim Club.

**Print name:       Signature:       Date:**

***If the Participant is under 18 years of age, a parent or legal guardian must complete the following:***

I certify that I am the parent or legal guardian of the Participant and I confirm that they are a competent swimmer. I give my consent for them to participate in the Coalcliff SLSC ocean swim club.

**Print name:       Signature:       Date:**

**Address:       Postcode:**

 **CONDITIONS OF PARTICIPATION**

Coalcliff Surf Life Saving Club Inc (**the Club**) accepts participants in the Coalcliff Ocean Swim Club (**Swim Club**) on the condition that Participants consent to and agree to accept the Conditions of Participation.

By signing the Participant declarations in the registration form, the Participant, or in the case of a person under 18 years of age, the parent or legal guardian of the Participant, acknowledges that they have read and accept all the conditions of participation.

Participants agree and consent to the following:

1. To accept full responsibility to inform themselves and assess all dangers, hazards and risks associated with their participation in the Swim Club;
2. To rely solely on their own assessment of the dangers, hazards and risks before participating in the Swim Club, despite any advice offered or decision made by the Club or a person, corporation or authority promoting or managing the Club or the Swim Club;
3. That the Participant participates in the Swim Club at their own risk, and such Condition shall include any liability that results from any breach of any express or implied warranty or statement that the services of the Club or persons, corporations or authorities involved in promoting or running the Club or Swim Club, will be rendered with reasonable care and skill.
4. That these Conditions of Participation shall be construed broadly to provide a release, indemnity and waiver to the Swim Club and persons, corporations or authorities involved in promoting or running the Club and Swim Club, of any liability for personal injury, or loss or damage to personal property to the maximum extent permitted by the laws of New South Wales.
5. Participants must be current registered Associate Members of Coalcliff SLSC.
6. Participants must ensure that they are signed in prior to the commencement of every swim event and ensure that their name is marked off the Register of Participants as soon as they exit the water even if they do not complete the swim.
7. Participants must wear the swim cap provided by the Swim Club at all times during the swim.
8. To accept such medical or other treatment or assistance which may be deemed to be advisable or appropriate by the Club, its medical and first aid assistants, beach or water safety patrol personnel in the event of injury, accident and/or illness during the running of the Swim Club.
9. To accept responsibility for their own personal possessions during the Swim.
10. To interact in a respectful and inclusive manner in all interactions with Club members including event organisers.
11. If in the opinion of a medical officer or water safety official appointed by the Club, a Participant is physically or otherwise incapable of starting in or completing the course in the Swim, or has been in the water for an inordinate time, the Participant may be assisted to exit the water at any time.
12. If in the opinion of the Club, the weather or swimming conditions are dangerous or unsuitable, the Swim may be cancelled without notice.

**Risk Warning: (Section 5M Civil Liability Act 2002)**

***Warning is hereby given to all Participants in the Coalcliff ocean swim club that there is the risk of harm to their person and/or property arising from any inadequacy of physical condition or stamina to complete the Swim, hazardous sea and beach conditions including sea currents and waves and the presence of sea craft and sea creatures and other hazards.***

***During the Swim, hazardous sea and beach conditions including sea currents and waves and the presence of sea craft, sea creatures and other hazards, may be encountered without warning.***

**Coalcliff Ocean Swim Club information – 2023/2024 season**

**Swim Dates**

|  |  |
| --- | --- |
| Sunday 8 October | Ocean Swim Club |
| Sunday 22 October | Ocean Swim Club |
| Sunday 5 November | Ocean Swim Club |
| Sunday 19 November | Ocean Swim Club |
| Sunday 3 December | Ocean Swim Club |
| Sunday 17 December | Ocean Swim Club |
| Sunday 4 February | Ocean Swim Club |
| Sunday 18 February | Ocean Swim Club & **Rainbow Swim** |
| Sunday 3 March | Ocean Swim Club |
| Sunday 17 March | Ocean Swim Club  |
| Sunday 24 March | **Dave Winner Beach to Bombie Swim** |
| Sunday 7 April | Ocean Swim Club |
| Sunday 21 April  | Ocean Swim Club |

**Registration**

Forms online at Coalcliff SLSC Ocean swim Club website here <https://www.coalcliffslsc.com.au/social>

**Swim day details**

**Sign-on & safety briefing:** 10.30am

**Swim start time:** 11.00am

**Estimated finish time:** 12.00pm

* Participants must be members of Coalcliff Surf Life Saving Club.
* Participants must have read and completed all required forms.
* Participants should be in good health and it is advised to have a medical check-up prior to taking part in the Swim Club.
* Participants may use aids such as flippers, wetsuits or other devices.
* Coalcliff SLSC will make available SPF50+ sunscreen to participants prior to each swim.
* There is drinking water, cold showers and toilet facilities at Coalcliff beach.
* Wherever possible, Coalcliff SLSC will provide a very limited selection of food and drinks available for cash purchase after the swims. In case, this is not possible, participants are advised to provide their own food and drinks for post-swim recovery.
* There is limited shade and shelter available at the beach and it is recommended to park in the designated car spaces in the top car park. Coacliff train station is 800 metres (10-15 min walk) from the beach and there is also a cycle path that links Coalcliff Beach north to Stanwell Park and south all the way to Wollongong and beyond.

**Contact:**

Brigid Collaery

Coalcliff SLSC Ocean Swim Club Coordinator

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